Tic-Tac, Yuki and Adult SKI Ability Guide

Level 1



▶ Never skied / can

► Terrain: Flat land

and magic carpet

not stop

Level 2



► I can: Snowplough glide

► Learning to snowplough turn

► Terrain: HANAZONO bowl

Level



► I can: Snowplough turn

► Learning to ski parallel

► Terrain: Green runs, easy reds

Level 4



► I can ski: Parallel on all green most reds

► Learning to ski parallel on all runs, short turns, easy bumps, intro to powder

► Terrain: Red runs, easy blacks

Level 5



► I can ski: Parallel all over the mountain

► Learning to make dymanic short and long turns, fall line bumps and off piste powder

► Terrain: Whole mountain

Yuki and Adult SNOWBOARD Ability Guide

Level



Level



▶ I can: Control direction/speed with falling leaf

► Terrain:

HANAZONO bowl

▶ Never snowboard / can ► Learning to link not stop heel side and toe side turns

► Terrain: Flat land and magic carpet



Level

▶ I can: Make linked basic turns comfortably on all green terrain

► Learning to change turn shape and rhythm and riding switch

> ► Terrain: Green runs, easy reds

Level



▶ I can: Make refined turns on all red terrain

► Learning carving turns, riding switch and getting a feel for the terrain park

► Terrain: Red runs, easy blacks

Level



▶ I can: Snowboard all over the mountain

► Strengthening offpiste, powder and terrain park skills

► Terrain: Whole mountain